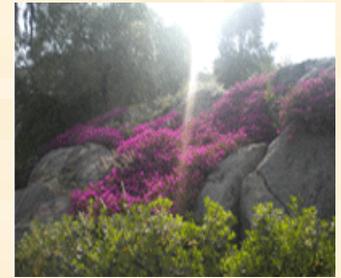




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# What' S.U.P.?



Supporting Unlimited Possibilities, Inc.

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## Communicating Effectively

Some people with intellectual developmental disabilities (IDD) have communication difficulties. People with intellectual disabilities whose disabilities directly affect speech, hearing, or sight are more likely to have communication difficulties. Unless a communication barrier is obvious, it is best not to assume one exists unless the individual, a family member or other caregiver tells you about the barrier. Even when a communication difficulty exists, the exact barrier and the best way to address it often varies. When a person with a disability does have difficulty with communication, it may be helpful to keep the following in mind:

- Allow additional time to exchange information.
- An assessment of language skills helps to choose the level of language you use. Talking with someone with mild communication difficulty is very different than talking with a person with a moderate or severe communication difficulty.

- Conversely, a person's expressive speech may sometimes give an impression of better comprehension than is actually the case, so check the individual's understanding.
- Some people may be delayed in responding to questions; so much so that answers may seem to "come out of nowhere."
- Some people with severe disabilities may also have difficulty giving you an accurate picture of their feelings and symptoms because of limitations in interpreting internal cues (e.g., need to urinate, anxiety). Involving caregivers who know the individual well may help you to better understand his/her experiences. However, as much as possible, continue to focus your communication efforts on the individual.
- If you are in a busy area with many distractions, consider moving to a quieter location.



- Many people have stronger receptive (understanding) communication skills than expressive skills.

## Glow-in-the-Dark Slime

Approximate Time: 20 minutes

### Supplies:

- 1 - 4 oz bottle of clear or blue gel Elmer's glue
- 1 cup warm water
- 2 - 3 Tbsp. glow-in-the-dark paint
- Neon green food coloring
- 2 tsp. borax
- 1/3 cup warm water

### Instructions:

1. First mix together the Elmer's glue and the 1 cup of warm water.
2. Stir in the paint and food

3. coloring.
3. In a separate small bowl mix together the 1/3 cup warm water and 2 teaspoons of borax. Stir until the borax is dissolved.
4. Now add about 2 tablespoons of the borax solution to the glue solution. You WILL NOT use all of the borax solution. The more borax you add the stiffer the slime will be. So if you want the slime to be more runny, then add less borax solution.



5. You can add more green coloring while stirring these solutions together to get your desired color of slime! It should start sticking together and you've got green glow-in-the-dark slime!
6. This recipe can make 2 small half jars full of slime.

-www.thriftyfun.com

Ideas for this month's Newsletter came from the desk of Angela Perez, Assistant Office Manager

## Happy Birthday For the Month of September:



- Brenda King-Miles 9/3
- Cecilia Villa 9/12
- Rosa Cross 9/15
- Chenoalani Davis 9/15
- Crisheona Roberts 9/15
- Genoveva Salazar 9/16
- Jonathan Soto 9/19
- Deanna Andrews 9/22
- Archie Hymes 9/22
- Mable Woods 9/23
- Estella Adame 9/25
- Annette Raymond 9/26
- Cooky Vice 9/27
- Daoma Freeman 9/28

## Employee Incentive Winners For the Month of August:

- Yvette Flores  
Broken Arrow
- Larry Oliver  
Catlin
- Crystal Marin-Espinoza  
Chicago
- Denise Laviera  
Mack
- Yesenia Hernandez  
Mayberry
- LaVern McLemore  
White
- Stephanie Russaw  
Day Program

Each employee received

a gift card!!