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# What' S.U.P.?



Supporting Unlimited Possibilities, Inc.

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Memorial Day, an American holiday observed on the last Monday of May, honors men and women who died while

serving in the U.S. military. Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, at least, it marks the beginning of summer.

### MEMORIAL DAY TRADITIONS

Cities and towns across the United States host Memorial Day parades each year, often incorporating military personnel and members of veterans' organizations. Some of the largest parades take place in [Chicago](#), New York and [Washington](#), D.C. Americans also observe Memorial Day by visiting cemeteries and memorials. On a less somber note, many people throw parties and barbecues on the holiday, perhaps because it unofficially marks the beginning of summer.



### Happy Birthday For the Month of May:



- Tamika Green 5/1
- Michelle Taylor 5/2
- Michael Cross 5/4
- Rose Dattoli 5/7
- Lauren Garrett 5/15
- Javier Gonzales 5/16
- Michelle Hoops 5/21
- Michelle Williams 5/24
- Verenda Rosado 5/25
- Tammie Dillow 5/26
- April Reed 5/27
- Rose Carroll 5/27



### CINCO DE MAYO IN THE UNITED STATES

In the United States, Cinco de Mayo is widely interpreted as a celebration of Mexican culture and heritage, particularly in areas with substantial Mexican-American populations. Chicano activists raised awareness of the holiday in the 1960s, in part because they identified with the victory of indigenous Mexicans over European invaders during the Battle of Puebla. Today, revelers mark the occasion with parades, parties, mariachi music, Mexican folk dancing and traditional foods such as tacos and mole poblano. Some of the largest festivals are held in Los Angeles, Chicago and Houston.



### Mother's Day in the United States

Mother's Day in the United States is annually held on the second Sunday of May. It celebrates motherhood and it is a time to appreciate mothers and mother figures. Many people give gifts, cards, flowers, candy, a meal in a restaurant or other treats to their mother and mother figures, including grandmothers, great-grandmothers, stepmothers, and foster mothers.

Ideas for this newsletter came from the desk of Valorie Gutierrez, Mayberry Facility Manager

### Employee Incentive Winners For the Month of April:

- Neotha Lewis  
Broken Arrow
- Frank Mubiru  
Catlin
- Chicago Staff  
Chicago
- Mack Staff  
Mack
- Yesenia Hernandez  
Mayberry
- Gregg Shaw  
White
- Chinelo Oyahlome  
Day Program

Each employee received a gift card!!