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What' S.U.P.?



Supporting Unlimited Possibilities, Inc.

May 2019

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5 Interesting Facts About May!

Fact 1: In Mexico, Cinco de Mayo is called 'El Día de la Batalla de Puebla', which means The Day of the Battle of Puebla. When the Mexican's beat the French in the Battle at Pueblo, it was unexpected. It was thought the French would win, who were there to collect on war debts.



Fact 2: The birthstone of May, the emerald, symbolizes success and love.

Fact 3: May 1st is May Day. Mark the return of spring by bringing in branches of forsythia, lilacs, or other flowering shrubs from your region.

Fact 4: The month May was named for Maia, the Greek goddess of fertility.

Fact 5: On May 1, 1931, the Empire State Building was officially opened.



This Hummingbird cake is amazing and is sure to make mom smile!

Ingredients

- 3 cups all-purpose flour
- 2 cups white sugar
- 1 tsp baking soda
- 1 tsp salt
- 1 1/2 cups canola oil
- 3 eggs



- 1 (8 ounce) can crushed pineapples, drained
- 2 cups mashed bananas
- 1 cup chopped black walnuts
- 1 (8 ounce) package cream cheese, softened
- 1/4 pound butter, softened
- 1 pound confectioners' sugar
- 1 tsp vanillas extract

Directions

1. Preheat oven to 350 degrees F. Grease and flour two 9-inch cake pans.
2. Shift together the flour, sugar, baking soda and salt. Set aside.
3. In a large bowl, combine the oil, eggs, pineapple, bananas and nuts. Add flour mixture together by hand.
4. Pour batter into prepared pans. Bake in preheated oven until a toothpick inserted in center of each pan comes out clean, about 1 hour. Remove from oven and allow to cool on racks.
5. Prepare the frosting by blending together the cream cheese, butter, sugar and vanilla until smooth. Evenly spread frosting on middle, sides and top of cake.

- <https://www.allrecipes.com>

Happy Birthday For the Month of May:



- Jessica Aikey 5/2
- Michelle Taylor 5/2
- Rose Dattoli 5/7
- Brent Drouillard 5/8
- Barbara Washington 5/9
- Natali Cabrera 5/15
- Lauren Garrett 5/15
- Mecca Hudson 5/15
- Jazmine Leon 5/15
- Derrena Frelow 5/16
- Tammie Dillow 5/26
- Irene Mijares 5/26
- Rose Carroll 5/27
- April Reed 5/27
- Sarah Garcia 5/29
- Jason Mansker 5/29



Employee Incentive Winners For the Month of April:

- Sandra Martinez
Broken Arrow
- Aaron Bright
Catlin
- Monique Espinoza
Chicago
- Denise Laviera
Mack
- Valorie Gutierrez
Mayberry
- N/A
White
- Michelle Taylor
Day Program