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# What' S.U.P.?



Supporting Unlimited Possibilities, Inc.

August 2018

Volume X, Issue VIII

## Chicken Salad Sandwich

Total: 20 min  
 Prep: 20 min  
 Yield: 6 sandwiches  
 Level: Easy

### Ingredients

- 2 cups chopped rotisserie chicken, skin removed
- 1/2 cup diced celery
- 1/3 cup diced carrot
- 1/3 cup diced red onion
- 1/2 cup mayonnaise with olive oil
- 2 tablespoons yellow mustard
- 1 teaspoon celery salt
- 1 teaspoon granulated garlic
- Pinch of paprika
- Freshly ground pepper
- 6 whole-wheat sourdough rolls, split and toasted Lettuce and tomato, for topping



### Directions

Combine the chicken, celery, carrot, red onion, mayonnaise, mustard, celery salt, granulated garlic, paprika and 1 teaspoon pepper in a bowl. Mix until combined.

Serve the chicken salad on the toasted rolls with lettuce and tomato.

Photograph by Yunhee Kim

Courtesy of Food Network Magazine

## National Friendship Day

### HISTORY

National Friendship Day was originally founded by Hallmark in 1919. It was intended to be a day for people to celebrate their friendship by sending each other cards, but by 1940 the market had dried up, and eventually, it died out completely. However, in 1998 Winnie the Pooh was named the world's Ambassador of Friendship at the United Nations, and in April 2011 the United Nations officially recognized 30th July as **International Friendship Day**; although most countries celebrate on the first Sunday of August!



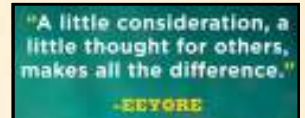
August 5, 2018



Purple Heart Day is August 7, 2018

## Happy Birthday For the Month of August:

- Todd Forrer 8/1
- Stephanie Reyes 8/2
- Brenda Cordier 8/11
- Alma Caballero 8/13
- Irene Garcia 8/14
- Peace Harris 8/15
- Stephanie Russaw 8/17
- Shanetta Walls 8/17
- Kenneth Carr III 8/22
- Velda Hutubessy 8/24
- Ana Andrade 8/28
- Dayle Rae Kraus 8/30



## Employee Incentive Winners For the Month of July:

- Broken Arrow Staff  
Broken Arrow
- Larry Oliver  
Catlin
- Chicago Staff  
Chicago
- Olivia Hollon  
Mack
- Brenda Cordier  
Mayberry
- Victor Hayes  
White
- Alicia Rodriguez  
Day Program

### Back to School

S	G	N	S	T	U	D	E	N	T	L	V	Q
F	D	O	S	A	Y	U	A	J	E	I	G	U
Y	E	T	E	L	X	A	O	Y	G	L	U	E
Q	J	E	C	L	B	O	O	K	S	E	F	
W	U	B	E	E	J	N	S	T	C	H	R	R
R	U	O	R	T	E	A	C	H	E	R	A	K
I	R	O	X	J	I	X	T	H	Q	P	S	R
T	P	K	O	W	J	P	B	M	B	E	E	E
I	M	A	M	D	E	Z	H	U	D	O	R	L
N	A	L	P	N	I	G	E	T	M	R	X	U
G	T	K	C	E	R	M	L	B	N	L	G	R
R	H	I	L	G	R	G	N	I	D	A	E	R
P	L	A	Y	G	R	O	U	N	D	R	E	I

BOOKS	NOTEBOOK	RULER
DESK	PAPER	STUDENT
ERASER	PENCIL	TEACHER
GLUE	PLAYGROUND	WRITING
LUNCHBOX	READING	
MATH	RECESS	

